

SEPTEMBER 2026

HELLO

**September
2026**

Education Team

Off To A Great Start

September is here, and we are excited about all the learning and growing happening in our classrooms! As children settle into their daily routines, they are building friendships, learning new skills, and discovering new things each day.

Families, you are an important part of your child's success! Talk with your child about their day, read together, and celebrate what they are learning. Remember, attendance matters—every day at school is another opportunity to learn, grow, and shine!

We look forward to a wonderful month of learning, laughter, and family engagement! Together, we are building a strong foundation for lifelong learning!



Nutrition tips

Get the whole family back into a healthy routine

Parent tip: prepare what you can the night before to make mornings easier!

After-School Snack Tip

Young children have small stomachs, so nutritious snacks can help provide the energy and nutrients they need between meals. Try pairing two food groups for a more satisfying snack, such as fruit with yogurt or whole-grain crackers with cheese.

Food Safety

Always supervise young children while eating and modify foods to an appropriate size and texture for your child's developmental abilities. Be careful with ingredients your child is allergic to.

