



Provider Tip:
Ways Parents and Volunteers Can Help Head Start



Head Start encourages parents and volunteers to participate in the program. Opportunities for involvement include, but are not limited to:

1. Read or tell a story;
2. Arrange a bulletin board;
3. Assist children in classroom activities;
4. Attend parent meetings or programs;
5. Be a member of Policy Council;
6. Dance with children or show a classroom your ethnic dance;
7. Donate supplies;
8. Encourage dramatic play;
9. Help during tooth brushing time;
10. Help plan and chaperone a field trip;
11. Assist in pre-trip education for children;
12. Assist in post-trip discussions and activities;
13. Help supervise on the playground;
14. Help a child with puzzles;
15. Lead a parade;
16. Participate in Male Engagement activities;
17. Play a game;
18. Play a musical instrument;
19. Organize, repair, or clean toys, books, or other equipment;
20. Setting up for an activity or event;
21. Office assistance - copying, sorting, etc.;
22. Help prepare curriculum materials;
23. Help with small groups doing an activity;
24. Help with classroom set-up and / or clean-up;
25. Share cultural heritage;
26. Share a skill, hobby, or talent;
27. Sing a song;
28. Take pictures of site activities;
29. Talk with a child;
30. Work closely with one child;
31. Get materials ready at home to bring in for the class to use or take a project home;
32. Supervise hand washing;
33. Assist children in table setting;
34. Model mealtime manners and behaviors;
35. Plan or assist with a food experience;
36. Plan a nutrition learning activity or game;
37. Serve food and help clean up after eating;
38. Assist in recruiting / outreach events;
39. Assist in spreading the word about Head Start;
40. Distribute flyers for recruiting or events.