



## Child Care Food Program Infant Solids Feeding Form

(Programa de Alimentos Cuidado Infantil)  
(Transición de Líquidos a Sólidos)



Child Care Facility Name: <i>(Programa de Cuidado Infantil)</i>			
Name of Infant to be Served: <i>(Nombre del Infante )</i>		Birth date of Infant: <i>(Fecha de Nacimiento del Infante)</i>	

I, \_\_\_\_\_, am the parent/guardian of the above named infant. The CCFP acknowledges that every child is unique and the introduction of solid foods will be determined by the parents, *usually* around 5-7 months. I am requesting that my child be served foods checked below in addition to breastmilk and/or iron fortified formula. I have previously introduced these foods to my child.

**Parent/guardian signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
*(Firma del Padre o Guardian)* *(Fecha)*

Date <i>(Fecha)</i>		Date <i>(Fecha)</i>		Date <i>(Fecha)</i>	
	Infant cereal <i>(Cereal del infante)</i>		Cottage cheese <i>(Requeson)</i>		Peas <i>(Guisantes)</i>
	Beef <i>(Carne de Res)</i>		Yogurt <i>(Yogur)</i>		Potatoes/sweet potatoes <i>(Batata)</i>
	Poultry <i>(Aves de corral pollo, huevos)</i>		Bread <i>(Pan)</i>		Squash <i>(Calabaza)</i>
	Pork <i>(Carne de Cerdo)</i>		Crackers <i>(Galletas)</i>		Applesauce <i>(Pure de Manzana)</i>
	Fish <i>(Pescado)</i>		Ready-to-eat cereal <i>(Cereal hecho)</i>		Bananas <i>(Guineos)</i>
	Whole egg <i>(Huevo entero)</i>		Carrots <i>(Zanahorias)</i>		Mixed fruits <i>(Frutas Mixtas)</i>
	Cooked dry beans/peas <i>(Granos)</i>		Green beans <i>(Judias Verdes)</i>		Peaches <i>(Melocotones)</i>
	Cheese-regular <i>(Queso Regular)</i>		Mixed vegetables <i>(Vegetales Mixtos)</i>		Pears <i>(Peras)</i>

Additional information:  
*Información adicional:*

---



---



---